

**George Miller
Centers Concord
& Richmond**

After-School Programs Newsletter

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Fall 2013

Summer Fun 2013



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Hello friends and families! We had a great summer at the After-School Programs. Everyone had fun exploring the Bay Area and experiencing new things. Now that the days are getting shorter and students are back in school let's take a look back at some of the fun activities the George Miller After-School Programs enjoyed during our summer long days. Our field trips included Sky High Trampolines in Concord, swimming at Prewitt Water

Park in Antioch, Lake Temescal, and Lake Anza. Scenic hikes at Tilden Park, Wildcat Canyon, Point Pinole, Mt. Diablo, the Bay Trail, Marin Headlands, Point Lobos and the Sutro Baths in SF. We even took the ferry to San Francisco to watch the America's Cup live from the Embarcadero. Walking tours of two of San Francisco's most famous neighborhoods Chinatown and North Beach were a great way to see and taste

what tourists come from all around the world for. Oh and who could forget the Solano County Fair, miniature golf at Ghost Golf in Concord and Subpar in Alameda, watching summer blockbuster movies, the world famous Red Panda Acrobats show at the Yerba Buena Gardens, bowling, barbeques and even a watermelon eating contest. We've had a great summer here at the George Miller Centers!

Upcoming Events

- 10/11-12 Good Stuff Jewelry Sale
- 10/14 Forced Closure Day
- 10/31 Halloween Party
- 11/13 Open House Luau- Richmond
- 11/20 Open House Luau- Concord
- 11/28-29 Thanksgiving Holiday
- *November-December: Coat Drive

Support the ASP

We're making and selling Twistz Bandz Bracelets for only \$3.



Choices include Rainbow, A's, Giants, Raiders, 49ers colors. We're taking orders now. Get them while supplies last.

We're Enrolling

Don't miss out on the fun. Contact us today to schedule a tour.
Program Director Claudia Lam
(925) 646-5710 Concord
(510) 374-3981 Richmond
clam@arcofcc.org





You're Invited to our Open House Luau

Student, Parents, Teachers, Case Managers and other friends!
Come see what the After-School Programs are up to and meet our staff. Snacks and refreshments will be served.

GMC ASP Richmond, Wed, 11/13/13, 5pm-7pm

GMC ASP Concord, Wed, 11/20/13, 5pm-7pm



More Summer Highlights



This summer the After-School Programs lent a helping hand to several local organizations including the Pinole Senior Village, Adams Crest Farm (Urban Tilth), and our own George Miller Centers. We look forward to continuing a relationship with our new friends and giving back to the community year round.

In August staff and students were treated to a special day of sunshine, boating, and fun at the Shoreline Lake Aquatic Center in Mountain View. What was the occasion? Devin Cho celebrated his 20th birthday and invited all of us for a Paddle Day. Aquatic activities included peddle boats, canoes, and kayaks. Many thanks to Devin's aunt and mom for making this all possible. It was such a great day. See the photo collage below (photo credits to Diane Cho).

Another special highlight of the summer included a Zumba party which the After-School Programs coordinated and hosted. For those of you unfamiliar with Zumba, think ditch the workout and join the party. That's right we danced, sweated off the calories and had a blast. Special thanks to our Zumba instructor, Yulissa, her mother Marlena and Pam Lee for making the event possible. Yulissa is the first person with a disability to become a certified Zumba instructor in the Bay Area. She is an inspiration to us all.

Golf Putting Green



After two years of careful planning we are putting the finishing touches on our golf putting green at the George Miller Center in Richmond. This will finalize the two part project which included the addition of seven circuit training stations on the After-School Program play yard. The primary goal of the project is to keep our students and other program participants active and promote healthy living through exercise. The new putt-putt will include a water feature, beautiful gardens, and benches for enjoying the one of a kind view of the San Francisco Bay Area.



Meet Our New Teacher



Oscar is the newest addition to the ASP Team. He is a native of Antioch and loves to play soccer. He is bilingual, English/Spanish and is currently studying child development. Welcome Oscar!

Coat Drive 2013



This November will mark the 6th year the After-School Programs have reached out to family, friends, and the community to collect coats for the Bay Area Rescue Mission. To date the After-School Programs have donated over 1000 coats to our local community. Start cleaning out your closets.

